



Abbey of the Arts

Transformative Living Through Contemplative & Expressive Arts

Lyrics for Birthing the Holy: Singing with Mary and the Sacred Feminine

1. Mary, Queen of Angels

By Lorraine Bayes

Queen of Angels, Mother Mary,
Queen of Angels,
Wings of Wisdom taking flight
Spirit of Her Love shining bright
Spirit of Her Love shining bright

Queen of Angels, Mother Mary,
Queen of Angels,
Wings of Kindness taking flight
Spirit of Her Grace shining bright
Spirit of Her Grace shining bright

Queen of Angels, Mother Mary,
Queen of Angels,
Wings of Healing taking flight
Spirit of Her Peace shining bright
Spirit of Her Peace shining bright

Queen of Angels, Mother Mary,
Queen of Angels
Wings of Blessing taking flight
All God's Children shining bright
All God's Children shining bright

Queen of Angels, Mother Mary,
Queen of Angels
Wings of Mercy taking flight
Spirit of Her Son shining bright
Spirit of Her Son shining bright

2. Ave Maria (traditional)
Sung by Simon de Voil & Mia Kelley

*Ave, María, grátia pléna,
Dóminus técum.
Benedícta tu in muliéribus,
et benedíctus frúctus véntris túi, Iésus.
Sáncta María, Máter Déi,
óra pro nóbis peccatóribus
nunc et in hóra mórtis nostrae.
Amen.*

Translation:

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners now
and at the hour of our death. Amen.

3. Undo Me
by Richard Bruxvoort Colligan

Undo me, Untier of Knots, I am ready.
Undo me, Untier of Knots, I am ready.
I am ready.

Because I am tangled, longing to be free
Free from these patterns, undo me.

Because I am wounded, aching to be healed
Healed to be joyful, undo me.

4. Hail Mary by Alanda Levandoski

Her heart beat in time with my wings.
Her heart beat in time with my wings.
Hail Mary, full of grace!
The Lord is with you.

5. Stella Maris: Star of the Sea (15th Century Hymn to Mary)
Song composed by Gina Sala

*O Maria, Stella Maris.
Medicina salutaris
Corporis et cordium
Corporis et cordium.*

Translation:

O Maria, Star of the Sea.
wholesome medicine
for body and heart.

6. If in Your Heart – Lyrics by Angelus Silesius
Song composed by Ana Hernández

If in your heart you make a manger for his birth
Then God will once again become a child on earth.
Love will come.

7. Our Lady of Silence by Richard Bruxvoort Colligan

Mary, be with me.
I need the silence, but I'm scared.
Mary, be with me,
I need to rest but it is hard to bear the Great Mystery
Mary, be with me.

Mary, dance with me.
I need the silence, but I'm scared.
Mary, be with me,
I need to rest but it is hard to bear the Great Mystery
Mary, dance with me.

Mary, pray with me.
I need the silence, but I'm scared.
Mary, be with me,
I need to rest but it is hard to bear the Great Mystery
Mary, pray with me.

8. Black Madonna by Soyinka Rahim

Yay, yay, yay.

Thank you, SpiritLove. Thank you, Black Madonna.

It's time to make a new way ... Black Madonna.

Yay, yay, yay.

Calling Spiritlove - *Black Madonna*.

Mother of mothers. Healer of healers.

The world is spinning spinning spinning spinning spinning spinning.

Mothers are crying, babies are dying, people keep lying.

Re-birthing we need it (*love*)

Remember the wisdom (*love*)

New systems we need them (*Black Madonna*)

Mothers are crying, babies are dying, people keep lying.

Continue revising - *my love, your love*

Continue revising - *our love, Spirit love*

The Bells ringing. (*Black Madonna*)

New systems we need them. (*Black Madonna*)

Soften the crust on my heart. Soften the crust on our hearts.

The world is spinning spinning spinning spinning spinning

(*Hate, shame, greed, lies, too much pain*)

Create new systems!

Mother of Mothers, Healer of Healers

Soften the crust on my heart. Soften the crust on our hearts.

(*Black Madonna*)

Transform our egos – love

Respect the struggle - love

Have endurance – love

Perform your miracles (*Black Madonna, Black Madonna*)

Mothers are crying, babies are dying, people keep lying

(*Black Madonna*)

Calling Spiritlove

Black black black black black black black black Madonna.

Peace, love joy happiness health grace & ease.

The world is spinning spinning spinning spinning spinning

(*Hate, shame, greed, lies, too much pain*)

Mother of mothers, Healer of healers

Soften the crust on my heart. Soften the crust on our hearts
(*Black Madonna*)

Mother of mothers, Healer of healers
Black black black black black black black Madonna.
My love, your love, our love, Spiritlove.

Calling Spiritlove – *Black Madonna*
Perform your Miracles! *Black Madonna*

Peace, love, joy, happiness, health, grace & ease
Black Madonna. Black Madonna
Thank you, Black Madonna. Thank you, SpiritLove.
Black Madonna.
Thank you, Black Madonna.

9. Requiem by Eliza Gilkyson
Sung by Simon de Voil & Aimee Ringle

Mother Mary, full of grace, awaken.
All our homes are gone, our loved ones taken.
Taken by the sea.
Mother Mary, calm our fears, have mercy.
Drowning in a sea of tears, have mercy.
Hear our mournful plea.
Our world has been shaken
We wander our homelands forsaken.
In the dark night of the soul
Bring some comfort to us all;
Oh mother Mary, come and carry us in your embrace
That our sorrows may be faced.

Mary, fill the glass to overflowing.
Illuminate the path where we are going.
Have mercy on us all.
In funeral fires burning
Each flame to your mystery returning.
In the dark night of the soul
Your shattered dreamers, make them whole.
Oh mother Mary, find us where we've fallen out of grace;
Lead us to a higher place.

In the dark night of the soul
Our broken hearts you can make whole.

Oh mother Mary, come and carry us in your embrace.
Let us see your gentle face, Mary.

10. O Viridissima Virga by Hildegard of Bingen
Sung by Laura Ash

*O Viridissima Virga, Ave.
Quae inventoso flabro
Sciscitationis sanctorum prodisiti.
Amen.*

Translation

O greenest branch, we greet you!
You, who sprang forth on blowing breezes,
riding on prayers from the holy ones.

11. We are Bringing God to Birth
By Betsey Beckman

We are bringing God to birth, bringing love to earth.
We are bringing God to birth, bringing love to earth.

Once you called a woman dear, called her out beyond her fear.
Now you call me, who am I, to bring your love to earth and sky?

I'm the vessel, you the seed; plant your love for all in need.
Prepare this place for love to bloom, this my body, this my womb.

Now your Spirit grows within, melting darkness, washing sin,
Be the one whose love reveals, comforts, strengthens, holds and heals.

Move me here where I am cold. Make me strong and make me bold
for the work I'm meant to do, birthing Spirit ever new.

When the time for birth is near: pushing, pressing, blood and tears;
gentle maid of Nazareth, give me courage, give me breath.

Holding Christ now in my hands, threat of war throughout the lands,
with these hands I offer peace to the greatest and the least.

Mary, Mother, laughing yes, with your strength and tenderness,
Let my "yes" be joined with yours - healing spirits, opening doors.

Christ the Child, newborn king, Christ the presence now we bring
through our lives and through our song; this the home where love belongs.

12. Maria Wanders Through the Thorns

(medieval carol – Germany) Sung by Kristy Karen Smith

Maria wanders through the thorns

Kyrie Eleison

Maria wanders through the thorns

that for seven years no bloom has borne.

Jesus and Maria.

As with the Child she passes near

Kyrie Eleison

As with the Child she passes near

a red rose on the thorn appears.

Jesus and Maria.

13. Calling Maria by Alexa Sunshine Rose

Calling Maria,

come bring your grace to me.

Calling Maria,

come bring your grace to me.

Mantle of Protection, Healing Grace.

Mother of Perfection, Beautiful Face.

And you come with your Child

Wa-oh, wa-oh, wa-oh,

And you come with your Child.

14. Magnificat by Simon de Voil

My soul shall praise and magnify you Lord,

Yes, I will come.

Yes, I have come.

I hear your voice is calling out my name.

Into my life, you shall be born.

All generations praise to hold with me.

This sacred heart,

my beating heart.

My soul is placed into this fire of love

Yes, it becomes

God's will be done.

The proud cannot hear beyond their words

their thoughts enclosed

so stale and old.

The rich cannot receive what they don't own
this emptiness, this spaciousness.
All generations praise to hold with me
this sacred heart, my beating heart.

My soul is placed into this fire of love
Yes, it becomes, God's will be done.

Spread out the feast, let those in hunger come
your face be shown, your love made known.
The humble hear your voice, with you they sing
Magnificat. Magnificat.

All generations praise to hold with me
this sacred heart, my beating heart.
My soul is placed into this fire of love,
Yes, it becomes, God's will be done.

Reach out to touch the world that is to come,
Magnificat, Magnificat.

15. Litany of Mary by Laura Ash

Holy Mary - *Be our guide*
Blessed Virgin - *Empower us.*

Mustafia - *Be our guide*
She Who Was Chosen - *Empower us.*

Theotokos - *Be our guide*
Bearer of God - *Empower us.*

Greenest Branch - *Be our guide*
Mystical Rose - *Empower us.*

Queen of Peace - *Be our guide*
Queen of Angels - *Empower us.*

Holy Mary - *Be our guide*
You Know the Way - *Empower us.*

Star of the Sea - *Be our guide*
Untier of Knots - *Empower us.*

Seat of Wisdom - *Be our guide*
Morning Star - *Empower us.*

Mother of Mercy - *Be our guide*
Mother of Sorrows - *Empower us.*

Gate of Heaven - *Be our guide*
Cause of Our Joy - *Empower us.*

Holy Mary - *Be our guide*
Holy Mary - *Empower us.*

16. Litany of Guadalupe (Tune by Tomás Pascual)
Lyrics by Laura Ash

O Sweet Lady of Tepeyac,
She Who Rises from the East,
Mystical Rose, Mother of Mercy,
Vessel of Grace.

O Maria de Guadalupe,
Bless us with your loving hand.
O Maria de Guadalupe,
Wrapped in your mantle, let us stand.

Holy Mother, Seat of Wisdom,
She Who is Clothed with the Sun,
Dulce Consuelo, Reina del Cielo (Sweet Consolation, Queen of Heaven)
Estrella del Mar. (Star of the Sea)

Prayer of Guadalupe (*traditional*)

Santa Virgen de Guadalupe,
Bendita sea tu pureza y eternamente lo sea,
pues todo un Dios se recrea entan graciosa belleza.
A Ti, Rosa Mystica,
yo te ofrezco en este día - alma, vida y corazón.
Mírame con compassion;
no me dejes, Madre mía, ni de noche ni de día.
Amén.

Translation:

Holy Virgin of Guadalupe;
Blessed be your purity and eternally so,

because God's wholeness is recreated in such graceful beauty.
To you, Mystical Rose, I offer you on this day - soul, life and heart.
Look at me with compassion;
don't leave me, my mother, neither by night nor by day.
Amen.

Holy Mary, Gate of Heaven,
Morning Star and Life-Giving Spring
Llena de Gracia, Reina de Paz, (Full of Grace, Queen of Peace)
Señora del Mar. (Lady of the Sea)

17. Prayer Cycle Response
Written by Laura Ash. Adapted by Simon de Voil.

Queen of Angels, *Be our guide.*
Creator God, *Empower us.*

Untier of Knots, *Be our guide.*
Creator God, *Empower us.*

Star of the Sea *Be our guide.*
Creator God, *Empower us.*

Our Lady of Silence, *Be our guide.*
Creator God, *Empower us.*

Our Lady of Sorrows, *Be our guide.*
Creator God, *Empower us.*

Theotokos *Be our guide.*
Creator God, *Empower us.*

O Protectress, *Be our guide.*
Creator God, *Empower us.*