



EMBODYING EASTER: PRACTICING RESURRECTION

A Four-Session Women's Art & Movement Retreat
With Betsey Beckman, MM and
Christine Valters Paintner, PhD

Wednesdays, April 9, 16, 23, 30 from 6:30-9:30 p.m.
At Queen Anne Christian Church,
1316 3rd Ave W, Seattle, WA
\$200 for the series / \$60 per session
Visit www.AbbeyoftheArts.com for more information

Christ offered the gift of resurrection to every woman he met. As women today, can we embrace this gift in our daily practice? Gather with women this Easter season to explore stories of Christ's transformative power as imparted to the women he encountered. Celebrate the arts as our own tools for unearthing creativity, discovery possibility, encountering liberation and embodying resurrection.

Each week a story of transformation will be proclaimed through word and dance by Betsey Beckman, and will provide a jumping off point for an artistic exploration of your own journey. That means *you* will be invited to dive in (or at least get sprinkled!) with the living waters of creativity.

The Stories and their Tools for Transformation:

Woman at the Well: Explore how a barren vessel is filled to overflowing by the profound gift of listening.

Woman Caught in Adultery: Contemplate how sin and shame carved upon the soul is wiped clean by the healing heart of forgiveness.

The Bent Over Woman: Behold how the weight of fear and paralysis is dissolved by the call to stand in sacred power.

Mary Magdalene: Encounter the Beloved anointing the grief-wrenched heart for radical witness and service.

No previous artistic experience necessary. Be baptized by the refreshing waters of

POETRY, VISUAL ART, MOVEMENT, SONG AND STORYTELLING!

Come follow in the footsteps of our sisters before us. Be blessed, be reborn, be energized by Easter!

Facilitators:

Betsey Beckman, MM, is nationally acclaimed as a spirited dancer, storyteller, teacher of SpiritPlay and dancing Spiritual Director. With her extensive background in performance, movement therapy, ministry and InterPlay, she is regularly featured as artist/presenter at national conventions as well as local churches. Betsey's publications include books, audio-cassettes and videos on embodied prayer and she offers the gift of playful improvisation whenever possible!

Christine Valters Paintner, PhD in Christian spirituality is adjunct faculty at the School of Theology and Ministry, Seattle University and at the Loyola University New Orleans Ministry Extension Program. She is also the co-founder of Creating Space, a Seattle nonprofit dedicated to integrating spirituality, creativity, and the arts. Christine is a writer and artist, as well as spiritual director and retreat leader who integrates the arts into her ministries.

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REGISTRATION FORM

Dates: Wednesdays, April 9, 16, 23, 30 from 6:30-9:30 p.m.

Location: Queen Anne Christian Church, 1316 3rd Ave W, Seattle, WA

Facilitators: Betsey Beckman, MM and Christine Valters Paintner, PhD

There are **TWO WAYS TO REGISTER!**

1. Fill out the information below and mail with your check to: Christine Paintner
PO Box 23160
Seattle, WA 98102
2. Email Christine@AbbeyoftheArts.com with the information below and request to make payment by credit card through PayPal.

Name: _____

Address: _____

Phone: _____ Email: _____

The four sessions will build on each other so ideally you will register for the entire series. However, for those with some previous experience in the arts, we do also offer you the option of registering for single sessions. Check next to your selections.

I am registering for the **entire series of 4 sessions!** Before April 1, 2008 \$200 _____
After April 1, 2008 \$230 _____

I am registering for **single sessions:** Wednesday, April 9—**Woman at the Well:** _____
Wednesday, April 16—**Woman Caught in Adultery:** _____
Wednesday, April 23—**The Bent Over Woman:** _____
Wednesday, April 30—**Mary Magdalene:** _____

Single Sessions: Before April 1, 2008 -- \$60 per session x #____ sessions = \$_____
After April 1, 2008 -- \$70 per session x #____ sessions = \$_____

A limited number of **partial work-exchange scholarships** are available – email for more information

Refund Policy: No refunds after April 1, 2008. Prior to April 1, you may cancel in writing (email is fine) and receive a refund minus a \$25 processing fee.

Questions? Call Christine at (206) 329-3110 or email at Christine@AbbeyoftheArts.com