



Honoring Our Ancestors:

An Art & Movement Retreat For All Saints & All Souls

with Betsey Beckman, MM and
Christine Valters Paintner, PhD

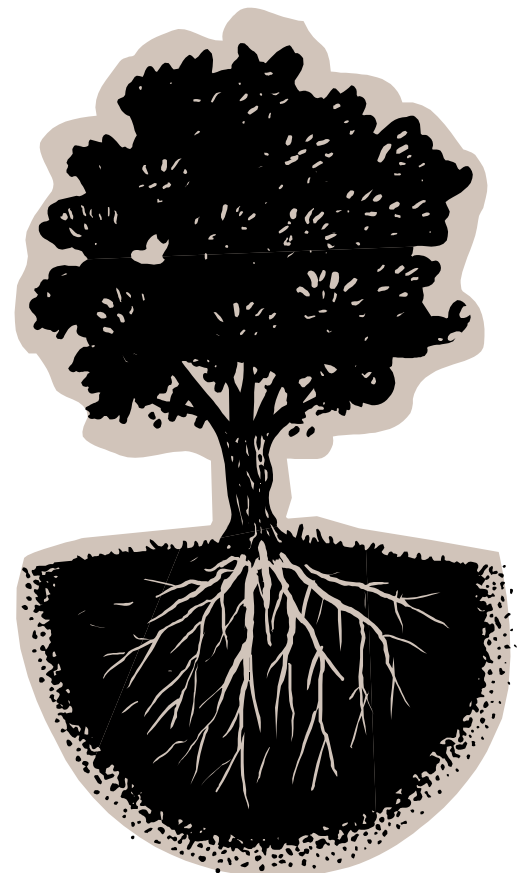
October 29-November 1, 2009

at St. Andrew's Retreat House
on the beautiful Hood Canal in Washington State.

The Christian feasts of All Saints and All Souls honor the profound legacy of wisdom our ancestors have left to us. These feasts coincide with the Celtic feast of *Samhain* which marks the beginning of the dark half of the year and is a festival of the final harvest and remembering the dead. These moments on the great turning of the year's wheel is believed to be a "thin place" where the ancestors are especially accessible to us.

Join us for three nights of retreat welcoming in the gifts of the dark time and honoring our ancestors through creativity and movement. Ritual, poetry, art-making, song, and dance will be our tools to grow in awareness of those who walked the earth before us and to listen for the wisdom they offer to our own life circumstances. We will explore the gift of our genetic and spiritual roots and celebrate the coming of the fruitful darkness when the seeds of new beginnings are planted. Gather with us to welcome in the presence of the Communion of Saints who support us in each moment. Together we will honor this very sacred time of year.

Program Cost: \$675 includes 3 nights lodging and all meals. You are responsible for transportation to the retreat center. If you are flying in, we will connect you with others traveling from the airport. **\$50 early registration discount** (before August 1, 2009).



Visit www.AbbeyoftheArts.com and click on "Teaching"
Christine@AbbeyoftheArts.com or (206) 329-3110
PO BOX 23160, Seattle, WA 98102

Facilitators:

Betsey Beckman, MM, is nationally acclaimed as a spirited dancer, storyteller, teacher of SpiritPlay and dancing Spiritual Director. With her extensive background in performance, movement therapy, ministry and InterPlay, she is regularly featured as artist/presenter at national conventions as well as local churches.

Betsey's publications include books and DVDs on embodied prayer and she offers the gift of playful improvisation whenever possible!

Christine Valters Paintner, PhD, REACE is an adjunct faculty at the School of Theology and Ministry, Seattle University and regularly leads retreats and workshops on spirituality and the arts. She has earned her professional status as a Registered Expressive Arts Consultant and Educator and her doctorate in Christian Spirituality. Her co-authored book on *Lectio Divina: Contemplative Awakening and Awareness* was published by Paulist Press in Fall 2008 and she is currently writing a book on praying with nature through the four elements for Ave Maria Press. She is also an artist and publishes reflective art journals with her photography and writing. Find out more about Christine at www.AbbeyoftheArts.com.

Christine and Betsey's co-authored book on their **Awakening the Creative Spirit** program for spiritual directors will be published by Morehouse in spring 2010 as part of the Spiritual Directors International Series!

REGISTRATION:

To hold your place in this program we require a **\$100 nonrefundable deposit and the information on the registration form below (responses can be emailed)**. You may either pay by credit card through Paypal or Google Checkouts (please email your request for an invoice or visit www.AbbeyoftheArts.com and click on "Teaching") or you can send a check to **Abbey of the Arts, PO Box 23160, Seattle, WA 98102**.

There is a **\$50 EARLY REGISTRATION DISCOUNT** if you pay your deposit by **August 1, 2009**. The balance of **\$575 (or \$525 if registering early) will be due by September 25, 2009**. We cannot offer refunds of the program costs after that time. Any requests for refunds prior to that time will have our credit card fee of 3% deducted (if you paid by credit card) in addition to the \$100 nonrefundable deposit.

The location is beautiful St. Andrew's Retreat House on the Hood Canal. Rooms are single and double. Single rooms are assigned in priority by medical need and then order of registration.

Name: _____

Mailing Address: _____

Email: _____ Phone: _____

Do you require an ADA accessible room? _____

Do you have other needs, limitations, or concerns we should know about?

Are you willing to have your email address provided to all of the retreat participants? _____

The retreat center is about 1 hour and 45 minutes from the Sea-Tac airport. Would you like to be connected with other participants who will be flying into Seattle to coordinate renting a car and traveling together?